# Timing Cycles

# Timing cycles

#### **Objectives**

# Upon completion of this program the participant will be able to:

- Identify the basic timing cycles of a single and dual chamber pacemaker.
- Describe the characteristics of upper rate pacing in the DDD pacing mode.
- Describe how timing cycles are affected by rate adaptive pacing.
- Explain PMT and name one treatment option.

## Outline

- Single- and Dual-Chamber Timing
  - Describe the 4 scenarios of dual chamber pacing
- Upper Rate Pacing Characteristics
- Timing & Rate-Adaptive Pacing
- Pacemaker Mediated Tachycardia (PMT)

## Pacemakers have two basic functions



#### Sense intrinsic rhythm and Inhibit



# Timing cycles

- Single Chamber
- Dual Chamber
- Adaptive Rate

# Single Chamber Timing

Single chamber



#### Interval (ms) = 60,000 / rate (ppm)

60,000 / 60 ppm = 1000 ms

# Single chamber



# Terminology

#### **Refractory Period:**

In pacing, a programmable parameter that controls the length of time following a paced or sensed beat, during which the pacemaker's sensing circuit does not respond to sensed events.

- PVARP=Post Ventricular Atrial Refractory
  Period=atrial refractory period
- VRP=Ventricular <u>R</u>efractory <u>Period</u>

# Single chamber



# **Dual-Chamber Timing**

Timing intervals





## Timing intervals

#### Example

VA = V-V - AV V-V = VA + AV

Lower Rate = 60 ppm V-V = 1000 ms AV Delay = 200 ms

VA = 1000 ms - 200 ms = 800 ms

## AV sequential pacing





## Complete inhibition

#### A-Sense / V-Sense



## Atrial pacing with conduction

#### A-Pace / V-Sense



## P-synchronous pacing

#### A-Sense / V-Pace



### Timing intervals



# Terminology

#### **Blanking Period**

- The interval of time following a paced output during which the pacemaker's sense amplifiers are disabled
- This timing parameter prevents cross chamber sensing

#### **PVARP AND TARP**

- TARP = AV + PVARP
- 2:1 Rate = 60,000 / TARP

#### **Pacemaker Wenckebach**







#### 2:1 Block Vp Vp As AR As AV AV **PVARP PVARP TARP TARP Maximum Tracking Rate**

2:1 Rate = 60,000 / TARP



# Upper rate behavior is determined by TARP and MTR



#### 2:1 Block > URL



#### 2:1 Block < URL

MTR = 140 ppm AV = 200 ms PVARP = 300 ms TARP = 500 ms



- 2:1 Block Point
  - = 60,000/TARP
  - = 60,000/500
  - = 120 bpm

# Adaptive Rate

In Rate Responsive pacing (modes ending with "R"), sensor(s) in pacemaker are used to detect changes in physiologic needs and increase the pacing rate accordingly.

- The sensor
  - Sensors are used to detect changes in metabolic demand
  - "Sensors" sense motion (piezoelectrode crystal or accelerometer) or use a physiologic indicator, i.e., minute ventilation
- The algorithm
  - With-in the software of the pacemaker
  - Uses the input from the sensor to determine the appropriate paced heart rate for the activity.



#### **Sensor-Determined Rate Controls V-V Interval**





#### **Shortened Sensing Windows at High Rates**











#### Sensor-Controlled Pacing Not Limited By PVARP



### DDDR: Sinus or sensor?

#### **Follow the Faster Input**



## Pacemaker mediated tachycardia

# Rapid ventricular pacing secondary to retrograde conduction



### Retrograde conduction



Conduction of an electrical impulse from the ventricles to the atria through the heart's conduction system

## Conditions required for PMT

- Loss of A-V Synchrony
- Intact V-A Conduction
- V-A Conduction Time > programmed PVARP

# Initiators of retrograde conduction

# Retrograde conduction is caused by any loss of AV synchrony, such as the following:

- PVC (Retrograde conduction)
- Oversensed P wave
- Undersensed P wave
- Loss of Atrial Capture
- EMI
- Magnet Application or Removal

## PMT prevention

- Program longer PVARP
  - PVARP after PVC
- Use PMT prevention scheme
- Need to make a programming change, or PMT will recur

### Summary

- List and explain the four different scenarios that may be observed with dual-chamber pacing.
- Explain upper rate pacing characteristics of Wenckebach and 2:1 Block.
- Describe the mechanism and corrective actions for Pacemaker Mediated Tachycardia (PMT).

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